

CHRONICLE N°12**The imaginary or the era of image
&
The holographic power of visualisation and intention**

Thirty years ago, when I lived in the suburbs of Strasbourg, I often had to park my car in the center, when I had to go to the city. It was the time when “beautiful mechanics” were still queens of bitumen. But it was also the time when parking meters began to bloom in the Alsatian capital. Traffic was therefore much more difficult than today, since cars were still being parked everywhere. Currently, impossible, this traffic is now being replaced by public transports.

In those years, I usually rode a motorcycle. But when I had to drive to the centre, I applied an unstoppable recipe to find a parking space for my Dyane 6.



In order for the readers to understand the context of the experiences that I will narrate here, I must first point out that as I was single at that time, I was still living alone. So I had plenty of time to observe the results of my experiments, since no one could interfere in my bubble of reality, which years later was far from being the case.

So, when I was sitting at the wheel and before I started, I gave myself a few seconds to imagine and visualize a free parking space when I was going to have to park. So I started to drive with focus on my driving, then released my visualization a few seconds later. And of course, once arrived at destination, sometimes a parking space remained available, or, as if by magic, a vehicle came out of his.

Even more extraordinary ! When I had to park on parking spaces, either there was still enough time on the parking meter for me to do my errand, or I always had a few coins that I did not remember hanging around in the car. On several occasions even, I found a few coins of twenty cents or one franc on the ground.

I am sure that many readers have already achieved this type of experience, since its success is subject to the knowledge of the law of synchronicities.

Scientists who today study the synchronous phenomena, do not yet understand that certain categories of synchronicities can be caused by the subconscious itself, this means the “intuitive” part of the psyche connected to what will happen in a future time potential, but also by the consciousness’ intelligence linked to the present time.

We also know that consciousness creates gravitation which is the binder or the cement of reality. And by interacting with the energy of gravitation, gravity loosens, diminishes, and consciousness becomes capable of manifesting almost prodigious phenomena. These wonders are authentic and spontaneous characteristics of “magic”, this means a pre-plasmatic stage or a starting point of a particular chronology in which the “consciousness” of the soul acts !

Here is another simple example that also illustrates this extraordinary phenomenon.

A few years later, during one of my long and particularly trying home nursing tours, I started to get very hungry. I imagined all of a sudden I was enjoying a “home-made cassoulet”.

Of course, that gets along, arrived an hour later at the last patient of my tour, her whole family was sitting around, guess what ? A cassoulet that her daughter had just cooked !!! And as luck would have it and my consultations were over, I was simply invited to lunch. Moreover, I had dreamt so much of a cassoulet that I was gratified with another portion to take away for my evening meal !

I could write a book just about the synchronicities that have marked my life, but that is not the subject of this chronicle, the theme being imagination and the imaginary !

So, a question would arise, for example :

is the fact that parking spaces were available upon my arrival or that a cassoulet was offered to me, was due to my imagination or the fruit of a happy coincidence that my unconscious read in a potential of pre-existing reality, or would it be the power of the imaginary from my psyche that generated their materialization ?

Thorny question that obviously we asked the Angel.

Question to the Angel :

Is the subconscious capable of reading an already pre-existing potential of reality, or is it a faculty of the psyche that directly manifested the cassoulet or the free parking spaces in this experience ?

To be clear, the two phenomena are at stake, since they are combined thanks to electromagnetism which is the main motor of gravitation, in other words the binding of reality.

How do these phenomena combine ?

Electromagnetic interactions (electromagnetism) are interdependencies between electrically charged particles which, by gravity, organise a certain cohesion between the vibratory information formed, assembled, and then “densified” by consciousness.

Consciousness thus organises a field of interdependent particles which, therefore, by this gravitation, constitute verifiable data in a coherence zone, during an infinite succession of moments in your reality.

This field of particles then forms an area, a starting point of a particular chronology of your existence, in circumstances relating to certain planes of molecular coherences. They are thus geometric and electromagnetic patterns that are intertwined and built in “the pre-plasmatic space”.

Let's go back to the cassoulet example.

In this type of synchronicity, there must first exist two events that must be able to meet.

In the first, a circumstantial bubble of reality through which a potential opens : the one that you can “cross the road” not of a lamb’s leg, a sauerkraut, or any other dish, but of a cassoulet ! Because somewhere along the way of your tour, a person was putting all his attention and his culinary art to prepare it.

For this end, she used three energy production sources, in this case three sensitivity poles, namely her intellect (this means her memories and culinary experiences), her thoughts (her art or imagination), and her behavior (the physical energy and her motor to move and perform gestures specific to the elaboration of her dish).

Therefore, the potential of the cooked cassoulet already existed under these three forms of energy/informational production inscribed in the etheric fields. These various models of energy production therefore generate electromagnetic fields which necessarily and naturally leave their imprints in the informational field. And by their particular chronology appearing in this field, their energetic traces draw patterns of geometric and electromagnetic information that are intertwined somewhere in “space”.

On another aspect of the experience, a second occurrence was starting to emerge under the form of an organic and physiological alert coming from your body, which made you feel the need to eat (the fact of being hungry). Obviously, you could have swallowed a sandwich, but something made you suddenly dream of savoring, not a lamb’s leg, a sauerkraut or some other dish, but a cassoulet !

Do you remember why ? Because one hour before, you had come across a truck that was advertising a brand of cassoulet. Your unconscious has printed the image that was then triggering your “envy”.

So far, this synchronic phenomenon is quite well known. However, it is now that the subconscious intervenes (the domain of the magic of the soul) which knows how to read the potentials of reality that exist in your universe.

This subconscious had made you make a brief detour on your journey, a small missed act, so that you could arrive just on time for the meal. And as you emanated the vibratory frequency of a starving man, the hostess, moved by an unconscious politeness reflex, invited you to sit at the table. So it was up to you to throw away your guilt, decency, “what will people think of me ?” programs, to taste this famous cassoulet !

To recap and understand how this kind of synchronicity can occur, it is therefore necessary first of all :

- That some potential opens up and emerges somewhere : for example someone who prepares a cassoulet,
- That there is a necessity or a reason that predisposes you to express the demand : for example to be hungry,
- That you know how to observe and read the signs that your higher or future Self offers you : for example the advertising truck,
- But above all, that you stop wondering how the “miracle” can happen ! **Therefore, cultivate your faith throughout the process.**

For at the slightest interference or request of the ego, the slightest interference of the emotional, the slightest ounce of skepticism, the slightest apprehension, in other words if you had not had faith in your Self's guidance (your soul or your double), the soul could not have acted and "this magic" would not have worked !

You might therefore understand that depending on the deep orientation of your soul (STS or STO), your involvement and your responsibilities in the reading process of the synchronicities, in other words if you are several individuals entitled to respond to a synchronicity proposed by the soul – for example if you are a group of persons entitled to propose a response to function towards the Service to Others – , magic will become more important, deeper and will serve this community.

The subconscious of the "group soul" is therefore this part of your psyche which connects you to potentials of realization localized "timeless". It is these plasmatic realities that in all fields, whether therapeutic, artistic, real estate... become in some way, "quantum" realizations. This "mode of quantum realization", that involves the subconscious sphere, will become one of the engines of your realizations/materializations in 4th density of the Service to Others.

You will then learn that to adopt a more "cosmic" perspective (of the macrocosmic environment of the universe and microcosmic emerging from the deepest of the atom of the living being) is one of the secrets of the alchemy of life.

However, individuals focused on their only material realizations do not understand this secret, since exclusively centered on the tangible reality of matter, they remain stuck in their thoughts of 3rd density to the Service to the Self. This also means whether it is in the Service to the Self or in the Service to Others, the planet is close to its transformation to the next density level. Your transformation as well as that of all those who have accepted their own metamorphosis, will contribute to a new balance of these two polarities on Earth !

Question to the Angel :

Let's now talk about energy therapies. Do these practices also appeal to the subconscious sphere, in other words to the magic of the soul ?

Of course ! But the magic of the soul only exists as fiction for ignorant intellects locked up in their beliefs of 3rd density. Obviously faith and the subconscious intervene in the various forms of "quantum therapies" which clearly, are only learned formulations in order not to have to reveal the powerful and clear incidence of the energy of the spirit-soul on the biology of the human body.

In order to perceive the energetic force of these “quantum therapies”, we must first understand that what you perceive from the universe is shaped by “love and light”, that is, information. In this way, the experience of your whole being comes from its connection to the universe which, quite simply, constitutes its connective tissue, the garment of matter of which you are woven. This means that all suffering results from the illusion of your separation from the information field of the universe by this material garment. The illusion of this separation then becomes generator of fear, self-hatred, and eventually illness.

Know then that you are masters of your present life, for you are able to conduct it better than you suppose. If necessary, you can very well repair this costume of matter yourself, for example cure of a fracture or a disease even in terminal phase ! However, in your STS world, the only real terminal illness remains your human condition and the illusion it generates. Existence, on the other hand, has nothing terminal, since death is only a simple passage to another level of consciousness and existence that commits you either to repair or to change your costume !

The authority and extraordinary influence of your spirit-soul on the biological functioning of this “garment” which is the human body, should encourage you to correct the mould of your life experiences, to help you to go beyond the limits of your existence. You must therefore learn to consider yourself from a different perspective, while living on the edge of time, thus allowing yourself at any moment to be born to a new life, whatever the costume.

To delve deeper into the subject, you must first admit that traditional therapies, that is to say medicine or conventional surgery, take into consideration only the biochemical and mechanical paradigm that has completely controlled them, especially during the last centuries.

While energy therapies representing in finance only a tiny fraction of billions of billions of the health industry, these practices are absolutely not profitable for the official medical and pharmaceutical industry which, by rising into powerful lobbies, have even persecuted energy therapists to try to ban their know-how.

Indeed, these energy practices derive their effects from their powerful properties, performances that do not exist in any of the conventional models of care, because they influence certain fundamental biological processes in a way impossible to conceive by the great leaders of official medicine.

These properties could be summarized in six points :

-greater precision and methodological ease based on the connection of the energy practices with the principles of quantum physics,

- the speed and efficiency of energy interventions because of the absence of side effects, unlike medication or surgery,
- the availability of energy interventions that can be provided immediately, with respect and at a lower cost, or even free of charge,
- the advantage of these techniques being able to be used as a preventive measure or as support for a “conventional” treatment,
- the possibility of using many of the techniques of energy medicine at home, for oneself and as a complement to others,
- the capacity of energy practices to focus on the person as a complete system : body – soul – spirit,

So you are about to revisit the idea that all the capital mechanisms of life are biochemical in nature, whereas those presented by **energy therapies are simply of interest to dynamic and quantum electromagnetic forces.**

These energy practices first consider your genome in your present, because your current genetic codes have far more impact on your health than those inherited from your parents or your alter. The initial role of a gene is therefore to inform the cells to produce specific proteins or to develop other molecules. Indeed, in each human cell, approximately 100 000 chemical reactions occur per second. Most of them are determined by the expression of genes in the nucleus.

However, what your science does not understand yet, is that these chemical reactions are perfectly synchronized with the functions of the other billions of billions of billions of body cells by some sort of conductor, which is none other than the force of magnetic energy.

Thus, to coordinate these 100,000 complex reactions per second, in each of these countless cells, is a task of a completely different order than that which could be justified by any mechanism of the biochemical model, since the organs function in such perfection, their harmonic movements can not be the operation of chemical messengers.

While it would be fundamental for official and traditional medicine to understand how these extremely complex processes govern your body, the traditional biochemical model simply does not provide an answer !

For example, chromosomes and genes in the nucleus of each cell are identical. Despite this, appropriate instructions for the conception of a lung are developed when the gene is housed in a lung cell, and for the liver formation, when it is introduced into a liver cell.

To illustrate this principle, when undifferentiated stem cells of a salamander are grafted near its tail, they develop another tail ; and when they are introduced at the base of a hind leg, they give birth to another hind leg. So what would be the chemical process that

dictates to these elements of the chromosome what they should do ? These genes deliver their instructions as if they were perfectly informed of what is happening in each part of the body !

“Officially”, allopathic medicine would have no idea ! While some scientists, biologists, physicists, neurologists, non-conformists, have expressed the idea of the existence of an electromagnetic field through which information is disseminated to genes, neurons and other mechanisms that govern them.

Their experiments have even been able to identify electrical patterns which differentiate a sickly state of being, from that of good health. More surprisingly, they have not only demonstrated the existence of correspondences between the specific pathologies and the electromagnetic characteristics of the affected organs, but also that **a disease that expresses itself, is always accompanied by deep vacuum zones of the electromagnetic field around the organism.**

There is even additional evidence of the effect of magnetic fields on psychic processes which have been repeatedly reported, when using a pulsed magnetic stimulation apparatus (for example, small electric motors – such as toys that are similar to magnetotherapy devices !). Because by generating this kind of pulsed field, their micro-discharges have proved effective in restoring the energy balance, just by restoring certain disorders of consciousness, during symptomatic psychological disorders. And not only that !

The use of energy fields to influence biological or psychic processes is not at all esoteric, occult or secret, since it is shown that healthy cells have an electrical potential of about 90 millivolts, while an inflammatory cell reaches more than 120 millivolts. For cells in a degenerative state, the load can drop to 30 millivolts.

The healing process is fully effective with regard to the brain cells, the psychic organ of the body, using magnetic properties. Because by subjecting the electric fields of its cells to magnetic pulsations emitted for example by the hands or by a tiny motor with permanent magnets, their functioning can be brought back to their full potential, hence corresponding to their natural state of health.

Laboratory studies even show that these electric fields do not need to be generated within the body to stimulate the growth or repair of cellular tissues. Because when energy currents, even very weak ones, are applied to a tissue area for a few minutes, a large number of cells then act together to provoke specific physiological processes with well-recognized repairing potentialities.

Thus, to restore the electric polar balance between the cells from such magnetic phenomena, explains the therapeutic effects reported after the simple contact of the hands of a therapist, which, himself, generates an electromagnetic field on the area of a diseased or injured tissue. **Measured, this field is close to the intensity of a small permanent magnet motor.**

It was even shown that the electromagnetic field of the hand increased significantly, when the practitioner was focused on the healing process. This sometimes allowed him to experience or perceive himself some feelings in mirror with those of the patient, since any biological organism is surrounded by a specific field that surrounds, protects and conveys information about the individual and that vibrates through the intra- and extra-cellular waters of his body.

Where conventional medicine focuses on the biochemistry of cells, tissues and organs, the energy techniques focus on these electric fields that organise and control their balance, growth and repair. While energy practitioners simply observe the best ways and methods to influence these areas, their energy processes thus accept quantum concepts, that is to say non-cartesian and especially non-linear ones in perfect agreement, even with the practices of energy rebalancing at a distance which spontaneously then restore the healing process. These techniques remain beneficially influenced by **the deep intention to re-establish an organo-physiological balance which is reinforced in its movement by the unflinching support of the Faith !**

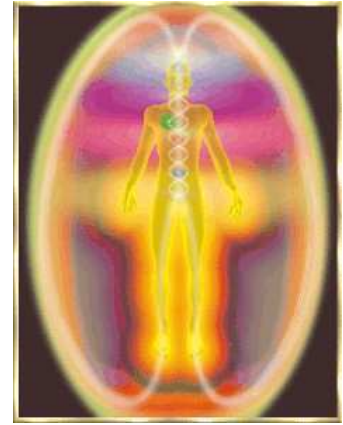
These practices therefore explore fields which influence the consciousness through non-space and non-time. This is why they are effective !

Their efficacy is already demonstrated by the macroscopic quantum interactions, in the same way as the proven effect of homeopathy. This performance reveals how and why intention has significant effects on the healing process (even remotely !) in which practices are separated by hundreds of kilometers.

Moreover, macroscopic quantum interactions modeled by an intention (that is, visualization coming from our consciousness of the moment that acts within the cell itself), regulate biological processes with more precision, speed and flexibility while strengthening the integration of the sovereign power of the body-soul-spirit entity and allowing it not only to focus on healing, but also to achieve better well-being, peace and true passion for the experience of life.

It is therefore important to understand that the influence of these energy fields on the expression of your genome is at the heart of the healing power attributed to these energy practices. Many fields of this type have already been identified. They work together in the regulation of fundamental biological processes integrating magnetic layers concentrated

in specific areas around the body, corresponding to the energy systems that have been described in ancient healing traditions. They are called “aura” in some cultures. They are waves of form which, by their intensity, polarity and modulation mode, enclose and impregnate all living systems.



The electromagnetic properties of these magnetic fields are only the measurable components of a more complex field which contains a fifth force distinct from other forces recognized in physics : gravitation. This gravity can thus be considered as a “quantum” electromagnetic field, as it involves forces that are both weak and strong, that is, anti-material and material.

Also, small variations in these fields are able to act by driving specific signals to the mechanisms of energy regulation in the body, rather than acting directly on the physical/ material structures of the body.

They also confirm that speed and efficiency with which these fields can distribute the physiological balance information, are due to the holistic and more or less rapid effects of the electromagnetic and holographic properties, generated by the power of intention and the power of imagination.

In addition to this bio-field that surrounds your entire body, local energy zones are concentrated in specific areas of the body that correspond to traditional descriptions of the chakras of the body. They are vortices of biophysical energy, treated in various healing methods.



That is why the biggest aberration in western official modern medicine, is that its main paradigm is more than a century behind the paradigm of quantum physics which demonstrates that energy and matter are interchangeable and are the same thing. Their similarity is simply masked by different vibratory states.

This discovery of quantum physics was able to highlight, that traditional or Newtonian physics that focuses solely on the mechanics of life, offers you only a small glimpse of a much larger picture. Thus, the awareness that these billions of atoms, considered in the last century as mere spheres of matter, are much more than that. Because beyond their

true functions of energy packets characterized by their mode of distribution of their negative and positive loads, their rate of rotation, their vibrational pattern, they materialize the door of access to your new future ; since their nature to distribute the appropriate magnetic charges to restore the electrical balance of the organs, has been the origin of “miracles” of advanced quantum medicine.

Also know that every facet of biological regulation is deeply affected by the invisible forces of the electromagnetic spectrum, and that their specific patterns regulate DNA, RNA and protein synthesis. They also control the shape and role of proteins, control gene regulation, cell division and differentiation, morphogenesis, hormone secretion, nerve cell function and growth, therefore essentially the fundamental processes that contribute to the unfolding of life.

During these energy practices, other forms of energy can be generated mechanically. These are piezo-electric pulses converted into electricity, the effects of which are generated by pressures on certain hard tissues. Electrical currents are then produced when you put pressure on bone, tendon or collagen structures. These methods are at the origin of acupuncture, acupressure, massage and tapping of energy points. This piezoelectric energy thus produced, is driven through the connective tissues of the body and can participate in the polar rebalancing of organs.

Question to the Angel :

Then, what are the virtues of intention and imagination in the process of these “quantum cares” ?

One does not go without the other ! Every human being is primarily responsible for himself, however few people are really convinced of this, since “modern” man has always been conditioned to make the outside or “other” guilty of his difficulties. At the same time, he has invariably sought remedies or solutions to his difficulties in this same “outer material world”.

Nevertheless, the present times now allow you to increase your personal autonomy, so that you may continue to progress towards a higher density of existence and consciousness.

Thanks to the gradual repair of your genome that accompanies planetary changes, many natural faculties can now be restored to you. They relate, among other things, to these techniques for improving the health of others and these self-healing resources such as Reiki, EMF balancing, Essenes care, etc. , know-how that of course you already knew and that many still practice. But it was a question of understanding how to bring them up to

date, so as to practice them not only for your own well-being, that is, at the service of your Self, but in a higher consciousness at the service of a community, of a tribe, for the well-being of other applicants in this group, that is, in the form of Service to Others.

Since exercising these practices in this way, in a selfless, free and completely innovative way, will really take you to a new stage in your progress towards your new reality of STO existence.

Your deep intentions, but above all their good verbalization in full awareness of their personal repercussions, are tools that are gradually revealed to you to succeed in your progress towards higher densities. For a profound intention that is clearly pronounced and enunciated to your future Self (or Mother Soul), is the most powerful gift you now have on this planet, all the more so since you already know that the power of the Creator verb is the catalyst for all change, when you are already vibrating and actually working in a frequency of resonance in the Service to Others.

It is therefore essential to concentrate your "requests to the universe", not on what you do not want or accept anymore, but to formulate them for example with the intention of an improvement of your human condition, of a psychic or physical, or genetic healing.

As your deep and sincere intention for the orientation to the Service to Others, produces a much higher frequency rhythm than that still in progress for most individuals in your still current world of 3rd and soon 4th density of the Service to the Self.

This new frequency rhythm will be amply more beneficial to your creative and imaginative impulses, since its gradual acceleration will finally respond to your intimate intention and will lead to the opening of a window between densities.

Its acceleration will thus reconfigure the junctions between matter and antimatter, which constitute the boundary between the present material world, as you know it, and the etheric past-future worlds. As a result of the conscious formulation of your intention, you will open up, not only a new potential for the future that you must continue to nurture with your talent to imagine and visualize, but changing these junction points will also solve the unachievable potentials of some of your past lines.

The properties generating the process of gravitation in antimatter are clearly related to the electromagnetic forces of your consciousness, amplified by the magnetic power of intention and the holographic nature of visualization or imagination. These controlled mental influences cause these psychokinesis phenomena.

The electromagnetic force generated by visualisation, thus models the pre-plasmatic zone of reality. Both waves and particles, this electron plasma is the dividing line between ether and its material continuum.

Therefore, by supporting for example the visualisation of a future preferred reality, this area of pre-plasmatic particles consisting of photons (mass-free energy packets carrying light-information from imagination), can then start to manifest in the real world, by their transformation into matter particles (in other words electrons with mass).

The space in the middle of these “two junction points between matter and antimatter”, thus constitutes this delimitation between density levels. And since gravity is the common binder to all conceivable material and etheric existences, when your resonance frequency rises, gravitation changes and you will then cross these windows between densities much more easily. This because atoms and photons that pulsate in your body at the same frequency as stars and planets, also generate dimensional windows.

Therefore, the intention you pose and express, will therefore fall within a deliberate plan to accomplish something that will open on the imagined result. In its traditional definition, intention is characterized as a deliberate strategy to accomplish an action that will lead to an expected result. Unlike a desire, which simply involves that we wish for a certain outcome, without however having formulated a specific plan to achieve it and without making the effort to support this preference.

The intention is therefore guided and supported by the thoughtful actions of the individual expressing it. These actions produce energy because they require a form of reasoning, as well as a commitment to do the necessary gestures. Therefore, an intention implies that there is a goal and that we understand the need for an action plan to achieve the expected result.

The intention is therefore like a projection of consciousness, deliberately and effectively, in order to achieve a given objective or result that influences physical matter, when the thought of the experimenter is highly motivated and targeted.

The force of intent can therefore be used in multiple areas, including curing diseases, modifying psychological, physical or physiological processes, or even influencing events. It is therefore not a question of magic or a special gift, but of a skill which is restored to you and which, perfectly integrated, can easily be taught within the framework of the Service to Others.

It is also important to know that the power of intention is multiplied according to the number of people thinking the same thing simultaneously. And since the exponential power of group intention has never really been explored so far, you might even discover

how to leverage your extraordinary inner resources optimally, in order to strengthen your communication, healing or creation capacity.

You can therefore understand that if you use the “miraculous power” of group intention, you will reap its beneficial effect in return, as everything you project as intention in the universe, always comes back to you in a magnified form.

The world you live in is based on certain universal laws, including the Law of Intent, which states that you attract to yourself what you vibrate and not what you want or don't want. This means that what you experience, that is to say all the experiences that are placed on your path, are the faithful reflection of your frequency of resonance. It is therefore essential to stay focused on what you want and not on what you no longer want in life.

You should also not judge yourself, but simply take responsibility for what is happening to you, reflecting on the reasons for creating such circumstances. Next, set up your mental barrier by changing focus and way of thinking.

You must truly understand that you have no limitations and that your life can become easy and enjoyable, if you stop thinking about your past, especially if you are moving on the path of the Service to Others.

As long as you cross the tunnel between realities, you must absolutely cultivate a healthy and strong state of mind and concentrate your energies in the right direction to “magnetize” and then manifest what you desire deep within yourself. You must be convinced of this, so that your preferences vibrate and resonate first in you and become potential realities for you, so that they can densify in a new paradigm. Especially since you have chosen to work for the Service to Others.

And when you emerge into your new reality, other abilities subject to new universal rules will be revealed to you.

Transmitted by Sand and Jenaël